

## Homemade Bubble Recipe

**2 cups warm water 1/3 cup dish soap 1/4 cup corn syrup**

Gently mix all ingredients in a jar that has a lid. Let the mixture sit for a while before using it (if you can). You might want to decorate your jar too.

While you are waiting for your bubble mixture to settle, make a wand; use a pipe cleaner and add your favorite coloured beads to it. This way you will know exactly which one is yours. Do you remember the order of the colours in a rainbow? If you want, make a rainbow of beads.

Now look at every bead and think about someone special in your life that you feel happy and safe around. If you are ever feeling scared, lonely, or sad, you can use that wand to cheer yourself up. It will remind you that someone loves you and wants the best for you. You can even add me to your wand if you like; I wish the best for you, now and always.



**Happy Bubble Blowing!**

**Lisele Lindsay**

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